



Autumn Edition

Hi hope you are all well and ready for; Autumn, cosy evenings in lots of sherry and laughter.

Have you had a chance to visit us in our new salon? We are settling in very well and have many new and exciting additions to the business. Firstly we have moved to an Eco friendly premise. SAM SHAW goes **GREEN, Locally sourced and sustainable features and decor, recycled furniture and STAFF.**

Secondly

Lotus Beauty treatments and therapies @ Sam Shaw:

One stop for all beauty treatments and therapies on this side of town.

- **Nail care :** Manicures are the best way to keep your hands clean and cared for. Proper hydration for the hands using moisturiser is very important. Proper care for the nails is a must to remove dead skin, clean the nails of all dirt and to push back the cuticles for faster growth.
- **Facials :** Involve a cleansing procedure, a massage, face mask and moisturiser. What they help to do is remove the dead, dull outer layer of cells that make up the skin's surface or epidermis along with pollutants. The massage, which is an important part of a facial, helps blood circulation, which in turn aids lymphatic drainage (the removal of toxins and waste from the body). A facial massage also relaxes the facial muscles and is very important to delay the onset of wrinkles.
- **Waxing :** Using the Australia's no 1 natural XXX wax, Mancine (As featured in Vogue)with ingredients that nurture the skin, leaving it soft and smooth. Excellent on the most sensitive skins. No harsh chemicals like our competitors.
- **Swedish Body Massage :** Involves different types of touch, pressure and flowing movements applied to the skin and underlying tissues to release muscular tension, relieve pain, facilitate healing from injury, alleviate stress, relax the body and enhance well being.
- **Paraffin wax treatments :** Paraffin wax treatments are particular popular in the winter because they are warming and because they help moisturize dry and cracked skin.

During paraffin wax treatments, the skin is bathed in warmth, which helps the pores to open and the skin to soften.

- **Indian Head massage** : Massaging the head can do much to relieve the stress and tension that fill our day to day lives. The technique involves controlled caresses such as the spider walk, root pull, and comb, and focuses mainly on the face and scalp. It can also continue down the upper back, neck, shoulders and upper arms.
- **Reflexology** : is the physical act of applying pressure to the feet and hand with specific thumb, finger and hand techniques without the use of oil or lotion. it is based on a system of zones and reflex areas that reflect an image of the body on the feet and hands with a premise that such work effects a physical change to the body.

Autumn Winter OFFERS:

Marvellous "Crunch"

Spend £60 on any lotus treatments from 12th October to 12th November, and receive a marvellous 40% off these services until Feb 2010 !!!

- Deep conditioning Hair treatments
- Ionic Hair Straightening Treatment
- Luxury manicure and Pedicure Package
- Swedish full body massage
- Anti Cellulite treatments
- Reflexology

OH SPLENDED !!

PRODUCT OF THE MONTH



Resolution by Hive - 'Activate' Facial Skin Firming Serum - Anti Ageing Treatment

Give your skin a second youth! - Designed For damaged skin but with benefits for all!

The results that can be achieved with this innovative and ground-breaking product are quite astounding -perfect for everyone, especially brilliant for smokers!

The **highly active natural extracts** within this top quality skin care product have been proven to not only noticeably **firm the skin** within minutes of use, but actually **stimulate** and **encourage natural collagen synthesis**.

Minimise the ageing of mature skin and **reduce oxidative stress** using this tried and proven method. Hive of Beauty are known for their superb quality professional standard products and this is no exception.

Directions: Simply Apply two or three drops to your face after washing and cleansing, and massage into your skin.

For a further enhancement to this treatment, why not use Hive Resolution to help combat the harmful effects of nicotine to the face.

AVAILABLE AT SAM SHAW FOR ONLY £12.50

Sam Shaw

123 Wilder Street, Bristol,

BS2 8PU

Tel: 01179 510493 (answer machine)

Mobile: 07850 002941 (mobile)

Email: info@samshawstyling.co.uk

www.samshawstyling.co.uk

Open Monday to Saturday 10am to 5pm (late opening on Friday) every last Sunday of the month.